

EMS & FIRE CONNECTION

JUNE 2018 EDITION



Presenters Left to Right: Dr. Jameson, Dr. Whisenant, Dr. Lopez, Dr. Panagos, Dr. Sore, Regional VP AHA - Kathy Fenelon

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On Friday May 18th, Pinellas County EMS in partnership with The American Heart/American Stroke Association held a community Stroke Symposium to review recent advances in stroke care and discuss the need for an updated stroke transport protocol. Representatives from all of our partner hospital systems were present as well as a national leader in EMS stroke care Dr. Panagos. The goal was to identify how we, as a system of care, can work together to best serve our patients. It was a very successful day with excellent exchange of ideas and concluded with broad agreement on several next steps. —Pinellas County Medical Director, Dr. Jameson

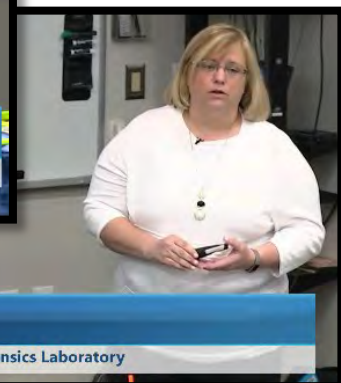
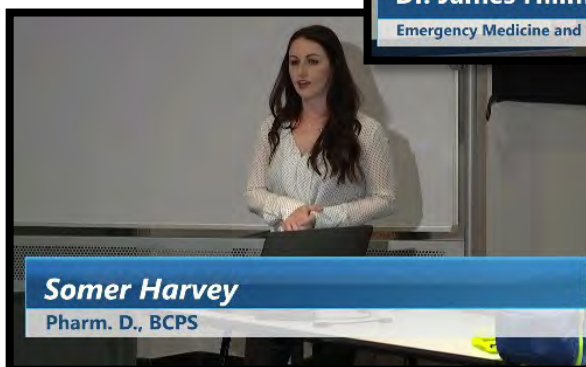
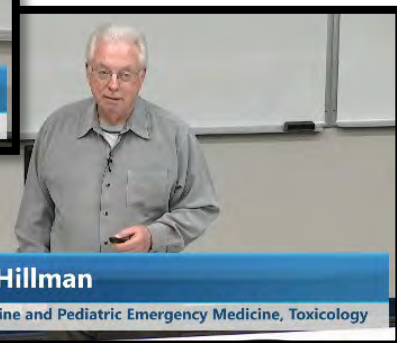
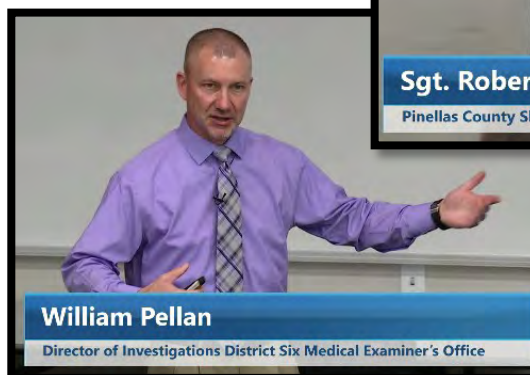
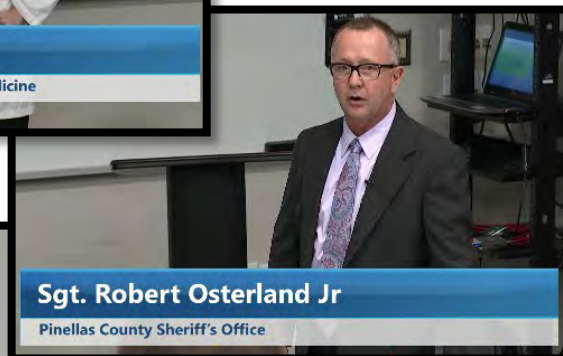
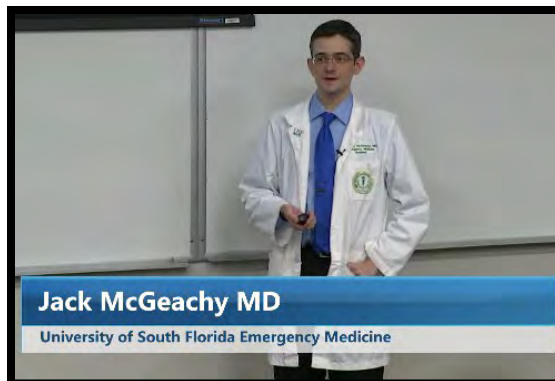


2018 EMS Education Symposium

During the week of May 14-18, 2018, Pinellas County hosted its first education symposium. The symposium was designed to offer a variety of topics for clinical education, interactive workshops, and leadership training. Many of the classes were physician-led or subject matter experts. Based on the preliminary survey feedback, the presenter and topic scores were very high. We had 269 people attend the various classes and workshops around the county. We are looking to offer another symposium next year. If you have any suggestions for topics or presenters, please feel free to email Shawn Tatham at statham@pinellascounty.org.

Special thanks to the following:

- ◆ Dr. Andrea Apple, Bayfront Health of St. Petersburg
- ◆ Bayfront Health of St. Petersburg
- ◆ Dr. Mary Chrisochos, Johns Hopkins All Children's Hospital
- ◆ Dr. Donna Dooley, Pinellas County Office of the Medical Director
- ◆ Dr. Steven Epstein, Bayfront Health of St. Petersburg
- ◆ Dr. Marshall Frank, Pinellas County Office of the Medical Director
- ◆ Dr. Somer Harvey, Pharm.D. BCPS
- ◆ Dr. James Hillman, Pinellas County Office of the Medical Director
- ◆ Dr. Angus Jameson, Pinellas County Office of the Medical Director
- ◆ Chief Thomas Jamison, East Lake Fire Rescue
- ◆ Johns Hopkins All Children's Hospital
- ◆ Captain Frank Leto, FDNY
- ◆ Dr. Jack McGeachy, University of South Florida College of Medicine
- ◆ Dr. Danielle Mercurio, Johns Hopkins All Children's Hospital
- ◆ Reta Newman, Pinellas County Forensics Lab
- ◆ Sgt. Robert Osterland, Pinellas County Sheriff's Office
- ◆ William Pellan, District Six Medical Examiner Office
- ◆ Dr. Ajul Shah, Bayfront Health of St. Petersburg
- ◆ Chief Jeremy Sidlauskas, Pinellas Suncoast Fire Rescue
- ◆ Dr. Patricia Watson, National Center for PTSD



Peer Support Training

Pinellas County EMS and Fire Administration hosted, for the second time, Peer Support Training which invited company officers and supervisors to learn more about stress wellness and Stress First Aid. The class was presented by two national speakers, **Dr. Patricia Watson** of the **National Center for PTSD** and **Captain Frank Leto** of the **FDNY**, both being instrumental in the development of the Stress First Aid model.

Participants attended an 8 hour class on the Stress First Aid framework which supports quickly recognizing those individuals who are reacting to a wide range of stressors in their work and personal lives, and are in need of interventions to promote healing. The class included sessions where participants were able to review common stress scenarios and then discuss among peers and the instructors some of the best ways to handle those situations.

Additionally, a newly developed Behavioral Health Leadership course was also held, which specifically supported chiefs, managers and directors. This was an educational opportunity for leadership that provided information about how to develop and maintain behavioral health programs for their agencies.





We are mourning the passing of a great public servant, **Pinellas County Commissioner John Morroni**, who died on May 20th after a brave battle with cancer.

Commissioner Morroni's life was dedicated to serving the needs of Pinellas County Citizens, with a legacy of 18 years on the Board of County Commissioners and eight years in the Florida House of Representatives.

John was a great supporter of our Fire Rescue and EMS System throughout his career. Commissioner Morroni devoted his time to helping others in the community, including his Annual Appreciation Dinner for Police, Fire and EMS which raised hundreds of thousands of dollars over the years to benefit many local charities including the West Florida CISM Team.



It is with regret and deep sadness that Sunstar Paramedics announces the death of their **Operations Supervisor John Whitlock**. John started his career at Sunstar in May of 1998 as a critical care paramedic. He rose to the rank of Operations Supervisor in 2005 with his most recent assignment as the lead supervisor for the North Hub operation. Prior to joining Sunstar, John was the Executive Director of the St. Charles County Ambulance District in Missouri. John was a veteran, who served in the U.S. Army as a medic.



Congratulations to **Ed Wilson** Recipient of the 2018 ZOLL Pulse Award!

Each year, ZOLL recognizes EMS professionals who strive to use data solutions to improve patient, financial and operational outcomes. These individuals save their organization money, time and resources, which enable their teams to save more lives within their communities.

“Our mission with this program is to acknowledge deserving individuals who derive insights from the data they collect to make life-saving decisions,” said Alex Moghadam, President of ZOLL Data Management. “No matter how many dashboards you generate, graphs you chart, or reports you see, patient outcomes and business performance won’t improve if you’re not making smart decisions based on that data.”



Ed Wilson - Clinical Technical Coordinator

Pinellas County EMS Authority - Sunstar Paramedics

“I love playing at the crossroads of patient care and technology because it is such a rich intersection...rich in terms of making us not only more efficient operationally, but also rich in terms of supporting providers in the main mission...taking great care of patients.”

ZOLL®

**Solutions From Dispatch through
Discharge**

Congrats!

Around The County

Congrats!



CORRECTION: Commander Bill Fagerquist of VFW Post 9272 made a special visit to **SEMINOLE FIRE RESCUE** Station 29 last month to recognize *Firefighter/EMT of the Year*, **Betsy Ferlita** and *Firemedic of the Year*, **Patton Hall**—not Clearwater Fire Rescue as previously published.



Seminole Fire Rescue congratulates its newest **Lieutenant, Jon Perry** and his family!



Representatives of **Clearwater Fire & Rescue** were at Station Square Park for the annual Clearwater Police Department police officer memorial service. Their honor guard, along with their command staff and other agency members, are always proud to take part in this solemn tribute along with their public safety partners.



This past February Sunstar **Paramedic Jason Bihlajama** was chosen as the recipient of the *2018 Pinellas County Morroni Award* for excellence in Public Safety but was out of town during the award ceremony. This week Pinellas **County Commissioners Janet Long** and **David Eggers** traveled to Sunstar to deliver his award!

Around The County



Largo Fire Rescue is proud to announce that **Fire Station 43** won the Tampa Bay Regional Planning Council's *"Future of the Region—Building Environment Award"* for the collaboration that took place between the City of Largo, the City of Bellair Bluffs, the Town of Belleair, and Pinellas County when building the station.

Largo Fire Rescue's Honor Guard did a great job at the Memorial Day Sunset Ceremony held at the Central Park Performing Arts Center in Largo!



Largo Fire Rescue congratulates their **Division Chief of Life Safety, Chief Josh Stefancic** on receiving the **Fire Sprinklers Save Lives Award** given by the American Fire Sprinkler Association!

St. Petersburg Fire Rescue congratulates its **2018-1 Probationary Class!**

Congratulations!

Around The County

On Tuesday, May 29th, Florida's 12th Congressional District Representative, Gus Bilirakis, honored first responders at the District 12 First Responders of the Year Dinner. According to Representative Bilirakis, this event is "One of my favorite events of the year. Each agency in the congressional district selects a first responder who stands out among a sea of shining stars and just as they are every year, the stories of these courageous public servants were nothing short of heroic. It is said that heroes are ordinary people who make themselves extraordinary. The people honored last night certainly embody that sentiment. Additionally, we were able to recognize their significant others, who also sacrifice with the constant knowledge that their loved one is in harm's way. A special thank you to all of our first responders who selflessly serve in order to make our community a safe place to live."

Here are some of those honored!

Congratulations



Palm Harbor Fire Rescue
Firefighter/Paramedic **Chris Zipeto**



Clearwater Fire Rescue **Lieutenant Mark Viola**



Oldsmar Fire Rescue
Lieutenant Dave Young



Tarpon Springs Fire Rescue **Firefighter/Paramedic Kevin Wodrich, Firefighter /Paramedic Faith Fuller and Firefighter/Paramedic Don McKiernan (not pictured)**



Sunstar **Paramedic Maya Daniels**

Around The County



East Lake Fire Rescue is pleased to announce the addition of their new **Firefighter Paramedic Caleb Hudak**. Caleb graduated from St. Petersburg College Fire Academy in 2017. He previously worked as a life guard at Clearwater Beach for 5 years and as a paramedic at John Hopkins All Children's Hospital for 3 years. Caleb is following in the proud footsteps of his father, Lt. David Hudak, who served as a firefighter paramedic for over 25 years. Welcome to East Lake Fire Rescue Caleb!



Several St. Petersburg Fire Rescue members were recognized at the City of St. Petersburg Employee Recognition Ceremony recently!

Not pictured:
Lieutenant Dan Chappell- 25 years of service
Firefighter Jarvin Vinson- 20 years of service

Lieutenant Chris Callahan- 25 years of service



Firefighter John Horsefield- 25 years of service



Firefighter Andre Johnson- 25 years of service



Philips MRx NIBP Cuff Change May 21, 2018

PHILIPS MRX NIBP CUFF CHANGE

CURRENT



NEW



PHILIPS MRX NIBP CUFF CHANGE – WHY??

- Tube connector failure on the semi-reusable cuff due to the plastic material
- Longevity of the semi-reusable cuff – not as expected

The new NIBP cuff is NOT a single use item



PHILIPS MRX NIBP CUFF – DECONTAMINATION, DEPLOYMENT AND REPLACEMENT

DECONTAMINATION

- Decontaminate with the current Hydrogen Peroxide Spray or Isopropyl Alcohol (bottles)

DEPLOYMENT

- Will be auto-shipped to each agency as the existing inventory of the semi-reusable NIBP cuffs is expended

REPLACEMENT

- Contact your agency EMS Coordinator for replacement



Nitroglycerin Lingual Aerosol Change

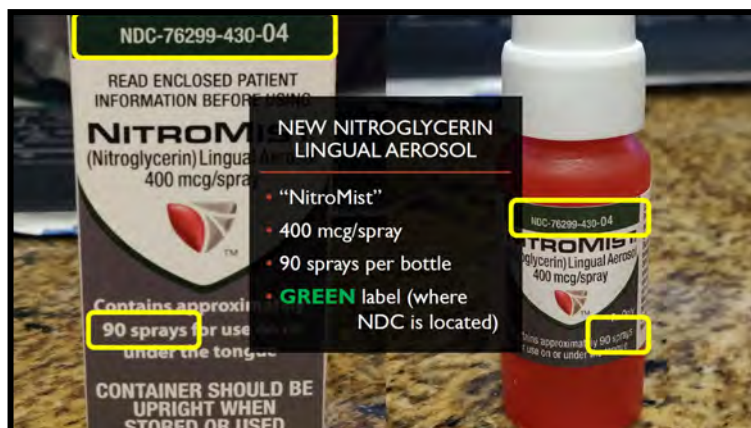
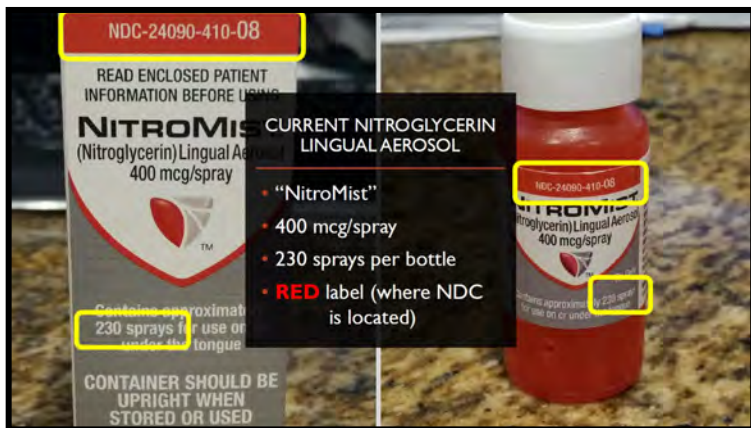
May 21, 2018

NITROGLYCERIN LINGUAL AEROSOL CHANGE

CURRENT



NEW



May 21, 2018

“NITROMIST” NITROGLYCERIN LINGUAL AEROSOL –

PRIMING AND INSTRUCTIONS FOR USE



Priming NitroMist spray

Before you use NitroMist spray for the first time, you must prime it. To prime your NitroMist spray, follow the steps below:

- Do not shake the container.
- Remove the plastic cap from the container (Figure A).
- While holding the container away from yourself and others, press the actuator button 10 times (Figure B).
- Your NitroMist spray is now primed. You are ready to give your first dose.
- If you do not use your NitroMist spray for more than 6 weeks, you will need to prime again by pressing the nozzle button 2 times.

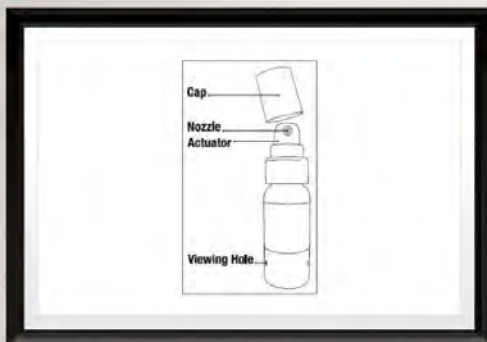
Figure A



Figure B



ADMINISTERING A DOSE



- Hold the bottle upright with your index finger on top of the actuator button
- Press the actuator button firmly to release NitroMist Spray(s)

“NitroMist” can be administered ON or UNDER THE TONGUE

- Viewing holes are provided to allow for periodically checking the level of fluid in the bottle

“NITROMIST” NITROGLYCERIN LINGUAL AEROSOL CHANGE - SUMMARY

CURRENT

- **RED** label (where NDC is located)
- 400 mcg/spray
- 230 sprays (approx.) per bottle



NEW

- **GREEN** label (where NDC is located)
- 400 mcg/spray
- 90 sprays (approx.) per bottle
- Expires in January 2021

DEPLOYMENT

- **Will be auto-shipped to each agency**
- **Upon receipt, remove all existing product and replace with the new packaging**

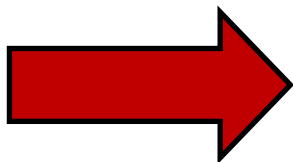
Just a reminder...



Communications Improvement Tips!

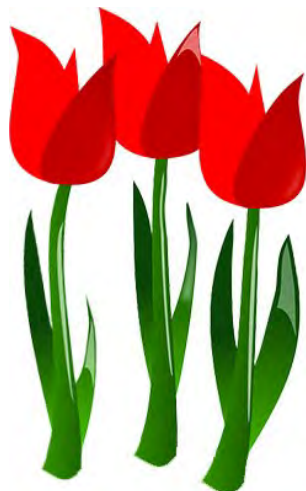
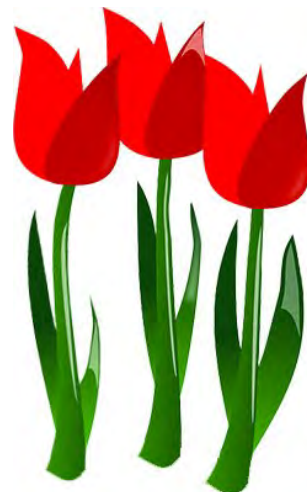
In recent observation of radio use, two items were noted to help improve communications:

1. Use a regular antenna, not a stubby, in order to get the best in-building radio coverage.
2. If you receive an out of range tone, continue to depress the Push-to-Talk (PTT) button. Within a second you will hear the talk permit tone. In a hardened structure, it may be harder to access the system. By un-keying and rekeying, the radio actually moves down in the queue.



Patient Refusals Require Signatures...

Every Refusal you obtain...Every time.



If you pick up a patient on O2, that therapy needs to be charted two places...

First as an intervention...

Then as a line in the narrative.



Introducing:
**The Updated Roster of the
Pinellas County Online Medical Control Team
EMS Physicians!**

- ◆ MD1 - Dr. Angus Jameson - Medical Director
- ◆ MD2 - Dr. Donna Dooley - Associate Medical Director
- ◆ MD3 - Dr. Marshall Frank - Associate Medical Director
- ◆ MD4 - Dr. Stephanie Tershakovec - 2018/2019 EMS Fellow
- ◆ MD5 - Dr. Jim Hillman - OLMC Physician
- ◆ MD6 - Dr. Anh 'Vu' Nguyen - OLMC Physician
- ◆ MD7 - Dr. Rachel Semmons - OLMC Physician
- ◆ MD8 - Dr. Richard Rodriguez - OLMC Physician
- ◆ MD9 - Dr. Ramy Nasr - OLMC Physician
- ◆ MD10 - Dr. Michael Lozano Jr. - OLMC Physician

Mental Health Matters

IF YOU SEE SOMETHING, SAY SOMETHING.
Look out for one another!

Stress First Aid (SFA) is a set of supportive actions designed to help emergency responders assist each other in reducing the negative impacts of stress. SFA was designed specifically to support firefighters, EMS, Dispatchers and rescue personnel. This method of assisting a co-worker undergoing stress is practical, flexible, and can be tailored to the specific need.

All forms of Stress First Aid have three actions:

1. **Recognize** when a stress reaction is present.
2. **Assess** and provide needed first aid.
3. Get the person to **additional help** as needed.

READY (Green)	REACTING (Yellow)	INJURED (Orange)	ILL (Red)
<ul style="list-style-type: none"> • Good to go • Well trained • Prepared • Fit and focused • Cohesive units & ready families 	<ul style="list-style-type: none"> • Distress or impairment • Mild and transient • Anxious, irritable, or sad • Behavior change 	<ul style="list-style-type: none"> • More severe or persistent distress or impairment • Leaves lasting memories, reactions, and expectations 	<ul style="list-style-type: none"> • Stress injuries that don't heal without help • Symptoms and impairment persist over many weeks or get worse over time
Unit Leader Responsibility	Individual, Peer, Family Responsibility	Individual, Peer, Family Responsibility	Caregiver Responsibility

Stress impacts people across stress zones that range from effective stress management (green), through reacting (yellow), injured (orange), and ill (red). Everyone reacts to stress in some way and most people do not need first aid for daily stressors.

Stress reactions in the orange zone can be caused by any combination of four sources that include life threat or trauma, loss, inner turmoil, or fatigue when they create more demands on a person's essential needs than their available sources of help and result in loss of function or distress.

Orange/Red zone stress reactions are identified by decreased ability to navigate daily life (loss of function), statements of distress, or exposure to a major life event and the need for first aid assessment or actions.

Stress reactions in the orange zone can be caused by any combination of four sources that include life threat or trauma, loss, inner turmoil, or fatigue when they create more demands on a person's essential needs than their available sources of help and result in loss of function or distress.

ACT: Help a co-worker struggling with mental health issues or suicidal thoughts.

Ask. Care. Take.

Things to Consider:

- ◆ **Calling** a co-worker today.
- ◆ **Asking** how they are doing after that call.
- ◆ Grabbing a cup of coffee with them after your shift.
- ◆ **Encouraging** them to get some help or support.

Stress and the 911 Dispatcher

Article Excerpts taken from Emergency Number Professional Magazine - Author: Kim Rigden

The 911 Dispatcher is the first "First Responder." The dispatcher is the vital link, ensuring clear communication between all responders, affecting the safety of both the citizen in need and the police, fire and emergency medical personnel responding. Through their actions, they help save lives, protect property, and assist the public in their time of need.

Stress is an epidemic in our 911 centers. Not the garden-variety stress of life (though it can be tossed in for good measure), but the stress associated with listening to someone else's worst day - every day - as a routine part of the job. This is the kind of stress that builds up over time (cumulative stress), and slowly erodes the ability to feel empathy (compassion fatigue).

Dispatchers carry a heavy load and are exposed to several different kinds of stress that can cause stress injuries:

- ◆ Compassion Fatigue Stress
- ◆ Critical Incident Stress
- ◆ Secondary Trauma Exposure Stress
- ◆ Cumulative Stress

Unresolved and untreated stress has a number of negative manifestations, including Compassion Fatigue, Burn Out, and in its most serious form, Post Traumatic Stress Disorder. How can you tell if stress has become destructive? There are a number of red flags that could indicate that stress is having a negative impact on your life. They can manifest in six different areas of our lives:

1. **Physical:** Fatigue, headaches, back pain, insomnia, nausea, indigestion, cramps, fainting, constipation, diarrhea, sweatiness, sleeping too much or too little
2. **Mental:** Forgetfulness, poor concentration, boredom, paranoia, poor teamwork, perfectionism
3. **Emotional:** Irritability, depression, anxiety, anger, fear, mood swings, apathy, increased sensitivity to criticism
4. **Relational:** Loneliness, withdrawal, intolerance, relationship problems
5. **Behavioral:** Substance abuse, eating problems, risk-taking, hyperactivity, overwork, procrastination, missed deadlines, anti-social behavior
6. **Spiritual:** Emptiness, loss of beliefs and sense of meaning, cynicism, compassion fatigue

If you find that these red flags resonate with you, or remind you of a co-worker you/they are probably existing somewhere between Orange and Red on the Stress Continuum. **If you see something, say something.** Please speak with a supervisor about activating stress injury resources.

To read this article in its entirety, learn more about the four listed kinds of stress and learn protective self-care measures that can be taken go to:

http://www.aacvfa.org/content/Chaplain/Stress_and_the_Dispatcher.pdf

June Orientation Class



(Front row to back row & left to right) Khaleel Germain, John Gray, Rexasie Rivera Ferreira, LaKeisha Zappia, Dominique Chodash, Carly Batten, Haley Paul, Jamie Juliano, Ellert Toohey, Christopher Quinn, Matthew Richardi, Alexander Spasov, Corey Butts, Devon Healthfield, Daniel Callahan, Shahrukh Salam, and Aaron Eckstein



Community Involvement



Clearwater Fire and Rescue's Station 48 had a great time visiting McMullen Booth Elementary School! The crew showed off the equipment and answered questions from curious students.

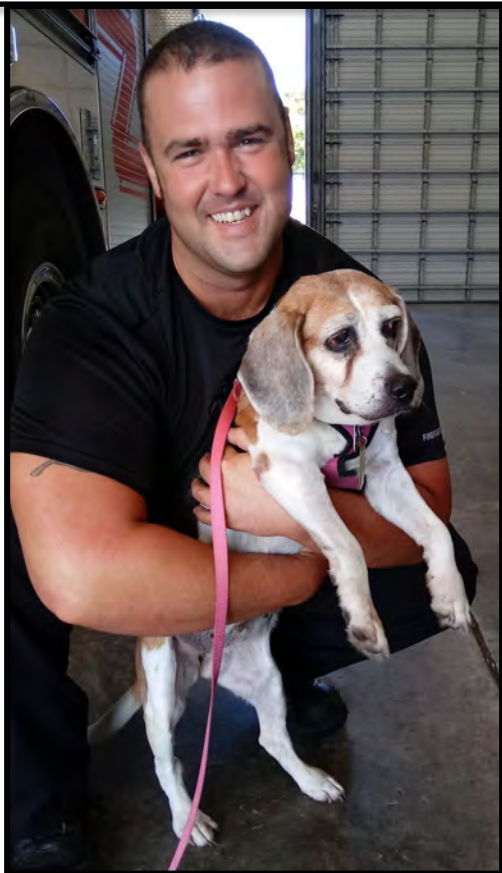


These adorable candy jars were gifts from Stratford Court of Palm Harbor to Palm Harbor Fire Rescue along with other great station gifts in honor of EMS Appreciation Week!

Liberty Christian School had fun visiting St. Petersburg Fire Rescue's Station 4!



Little Bella stopped by Seminole Fire Rescue's Station 29 with her mom to thank A Shift for rescuing her from a storm drain on Tuesday. Bella, who is almost 14 years old, and blind, ended up stuck in a pipe running between two ponds. With the help of the Truck 29 crew, and dad, Bella was found and returned safe and sound!



Citizens visited with Sunstar Paramedics and Palm Harbor Fire Rescue while they showed off their trucks and provided education about CPR at Florida Hospital ER!



Community Involvement



Local residents had a great time at **St. Petersburg Fire Rescue Fire Station 10** and St. Pete Heights Neighborhood Association's block party!



Palm Harbor Fire Rescue's E66 crew had fun hosting Ozona Elementary first graders!



East Lake Fire & Rescue provided educational materials and Wildland Fire Safety Tips at the Walmart Neighborhood Market in Palm Harbor.



You're never too young to start dreaming of becoming a firefighter. Check out the cool clothes this little one wore for a tour of **Clearwater Fire and Rescue's Station 45!**

Pinellas Suncoast Fire Rescue's Engine 27 spent time in their community with a group of second graders from Blanton Elementary School during their visit to the McGough Nature Trail.





Community Involvement



Submitted by: East Lake Fire Rescue

EAST LAKE FIRE RESCUE ATTENDS BIKE TO SCHOOL SAFETY EVENTS

East Lake Fire Rescue personnel from station 57 and station 58 attended the Cypress Woods Elementary and East Lake Middle Schools' Bike to School events. During these events, firefighters provided all attendees with information on bike safety such as obeying all traffic laws, looking both ways before turning and the importance of wearing a bicycle helmet. Firefighters also provided students with various giveaway items including educational coloring books, stickers, hand fans, reflective armbands and bike light kits. Bicycle helmets were also available for students who did not have one.





May 31, 2018

Stroke Kudos!!

Great job of stroke care by the **Sunstar Paramedic, Largo Fire Rescue, Seminole Fire Rescue, and Pinellas Suncoast Fire Rescue** crews with the best door to needle times for stroke treatment for the 1st quarter of 2018!

Their recognition of stroke patients, including those with atypical symptoms, enabled our stroke center team to begin a rapid neurological exam and risk assessment that led to these patients receiving Alteplase, which helped greatly moderate their stroke disabilities.

Sunstar Paramedics Crew	Fire Crew	Fire Agency	ED tPA Door to Needle (minutes)
Paramedic Scott Markowitz EMT Nathan Lane	Paramedic Jorge Rodriguez Paramedic Gary Glenn EMT James Myers	Largo Fire Rescue	43
Paramedic Edwin Northam EMT Stefanie Mullins	Paramedic Timmy Garten Paramedic Andrew Dixon EMT Clarence Wilson	Largo Fire Rescue	48
Paramedic Brantley Johnston EMT Mario Fallucca	Paramedic Benjamin Gebo EMT Daniel Keefe	Largo Fire Rescue	53
Paramedic Robert Colby Shuey EMT Andrew Pawlowski Paramedic Johnathan Carter	Paramedic Christopher Gremal EMT Brian Owens	Largo Fire Rescue	34
Paramedic Lori Niedziela Paramedic Alisha Abell	Paramedic Robert McKenzie EMT Kurt Merriken EMT Cody Whiteside	Seminole Fire Rescue	43
Paramedic Lauren Mercer EMT Bryan Pope	Paramedic Jorge Olivera EMT Curtis McClendon	Largo Fire Rescue	44
Paramedic Sean Valencia EMT Robert Crandall	Paramedic Jordan Gross Paramedic Robert Dimarco EMT Jesse Kriz	Largo Fire Rescue	44
Paramedic Matthew Douglass EMT Amanda Campbell EMT Brendan McGonagle	Paramedic Michael Nolletti EMT Nathan Zook	Seminole Fire Rescue	46
Paramedic Jessica Marquez EMT Terry Riffenburg	Paramedic Ryan Olding EMT Richard Funderburk	Pinellas Suncoast Fire Rescue	26
Paramedic Clifton (Hunter) Griffith Paramedic Jason Knoll	Paramedic Douglas Higley EMT Ryan London	Pinellas Suncoast Fire Rescue	34

EMS IN STROKE THE FIRST LINE OF DEFENSE

We thank you for all you do every day!

Miriam Ocejo RN, BBA, CSPC
 Stroke Coordinator, Largo Medical Center



Wildfire Safety Tips

Submitted by: East Lake Fire Rescue



Wildfires are a natural part of our beautiful landscape, so preparing our homes and families for wildfires is essential. East Lake Fire District Firefighters would like to remind all residents, especially those in the wildland/urban interface, that creating and maintaining defensible space around their homes is critical.

Firefighters urge property owners to not delay in preparing their family and home for wildfire. Take the following actions now:

- **CLEAR** leaves and other vegetative debris from roofs, gutters, porches, and decks. This helps prevent embers from igniting your home.
- **REMOVE** dead vegetation and other items from under your deck or porch, and within 10 feet of the house.
- **REMOVE** flammable materials (wood piles, propane tanks) within 30 feet of your home's foundation and outbuildings, including garages and sheds. If it can catch fire, don't let it touch your house, deck or porch.
- Wildfire can spread to tree tops. **PRUNE** trees so the lowest branches are 6 to 10 feet from the ground.
- **KEEP** your lawn hydrated and maintained. If it is brown, cut it down to reduce fire intensity. Dry grass and shrubs are fuel for wildfire.
- Don't let debris and lawn cuttings linger. **DISPOSE** of these items quickly to reduce fuel for fire.

If a wildfire should start, always contact 911, even if you have put the fire out. Firefighters would like to ensure the fire is completely extinguished and will not reignite later in the day or overnight. We are always here to help!

For more information about the wildland/urban interface and protecting your home from wildfires, visit the Florida Forest Service website and review the Firewise Communities information at:

<http://www.freshfromflorida.com/Divisions-Offices/Florida-Forest-Service/For-Communities/Firewise-Communities>

To hear Chief Jamison's interview with Cox Media Group in regards to Wildfires, click the following link:

<http://od-cmg.streamguys1.com/tampa/tam1055/u2017051210015332875.mp3>



Infants are 40 times more likely to die in adult beds than in their own cribs.

We know more now about the safest sleep habits for infants than we used to. Statistics like the headline above don't lie. Here's what else you should know and pass along:

- Nearly 74% of deaths in babies younger than 4 months happened in a bed-sharing situation.
- Risks increase when adults smoke, use medications, alcohol or drugs, or are obese.
- Pillow-top mattresses, comforters, fluffy pillows and stuffed animals are dangerous in adult beds AND in cribs.



We changed our habits about car seats and lead paint.

CHANGING CO-SLEEPING HABITS WILL SAVE LIVES, TOO.

Tell everyone that these steps SAVE LIVES:

- The safest way for a baby to sleep is on its back alone in its own crib.
- Room-sharing offers almost all of the benefits of bed-sharing, without the risks.
- Keep baby's crib safe with a tight-fitting crib sheet and firm mattress
- Keep crib free of blankets, pillows, bumper pads & stuffed animals
- Use a sleep sack instead of a loose blanket.



Share This Life-Saving Info NOW!

PreventNeedlessDeaths.com

Going On Around Town



SAVE THE DATE!

PATRIOT DAY MEMORIAL BREAKFAST

TUESDAY, SEPTEMBER 11, 2018
7:00 am to 9:00 am at The Historic Coliseum in St. Petersburg
Doors Open at 6:30 am

Honoring Our Heroes and Guest Speaker
Special Forces Veteran **SCOTT NEIL** (ret.)
Our Tampa Bay Green Beret Warrior whose compelling story is
told in the movie *12 Strong* and documentary *Legion of Brothers*

[ST PETE](#)
[Register Online - RememberHonorSupport.org](#)

★ GUEST SPEAKER ★
SCOTT NEIL, Special Forces Veteran (ret.)

Scott Neil is a retired Special Forces Veteran with significant executive, operational and combat experience in the Middle East. Following the tragic events of 9/11, he conducted numerous successful special operation combat missions as part of the Commander's In-Extremis Forces, one of the first to lead the Direct Action and Counter-Terrorism charge into Afghanistan, Iraq, and the Horn of Africa.

You don't want to miss this Green Beret's compelling story of being part of the Team that was the first to be deployed into Afghanistan following the 9/11 tragic events. Check out their most recent released movie *12 Strong* and documentary *Legion of Brothers* to learn more of their amazing mission!

THANK YOU
Tampa Bay Area for Supporting Our Heroes!
Over the past 6 years, RHS raised nearly \$500,000 in proceeds for our regional beneficiaries.



In collaboration with USF's CARD program, we will be offering a free lecture on communicating and interacting with patients with Autism.

When: June 20 1300- 1500

Where: Sunstar HQ

Note: This course is free and will be unpaid. Attendance is voluntary.

RSVP to csd@sunstarems.com – we hope to see you there!



*Florida's First Choice
for Autism Support*

Celebrate

Gay Pride Month




National Fresh Fruit and Vegetables Month



Lightning Safety Week

Last Full Week of Month



-  10th - Herb and Spices Day
-  12th - National Peanut Butter Cookie Day
-  15th - National Nature Photography Day
-  18th - Go Fishing Day
-  20th - Ice Cream Soda Day
-  21st - International Yoga Day
-  24th - Swim a Lap Day
-  27th - Sun Glasses Day
-  30th - Meteor Day

